

Special Collections Historical how-to Scrapbook

Oct 2013-Oct 2014

To commemorate
52 weeks of having fun
exploring our collections

Scrapbook Title Page



Scrapbook Week 1

A Complete System of Cookery ... and how to make Trifle

A Complete System of Cookery (London, 1806) was written by John Simpson, cook to the Marquis of Buckingham. Although Simpson worked in an aristocratic household, the book was intended to be of use to "cooks, cooks of the kitchen, house stewards [...] women cooks, house-keepers, and likewise to gentlemen and ladies who do not keep their cooks, and particularly to tavern-keepers."



A bit of provenance! The book was donated to the library in 1934 "in memory of John Rello" by his sister, Miss Rello. This is the armorial bookplate of Balchynette, a Georgian house situated in the East Neul of title. The house was purchased in the early 19th century by the Bruce family, and James Bruce, whose signature appears above the bookplate, was a former owner of this book. It's also likely that this James was the husband of Elizabeth Carstairs Bruce, aunt to John Rello.

| No. of BILL OF FARE. | |
|---------------------------|---------------------------|
| FIRST COURSE. | SECOND COURSE. |
| Roast Turkey | Roast Beef |
| Roast Chicken | Roast Mutton |
| Roast Lamb | Roast Pork |
| Roast Veal | Roast Fish |
| Roast Rabbit | Roast Game |
| Roast Saddle of Mutton | Roast Saddle of Pork |
| Roast Saddle of Lamb | Roast Saddle of Veal |
| Roast Saddle of Chicken | Roast Saddle of Turkey |
| Roast Saddle of Duck | Roast Saddle of Goose |
| Roast Saddle of Partridge | Roast Saddle of Quail |
| Roast Saddle of Pheasant | Roast Saddle of Woodcock |
| Roast Saddle of Snipe | Roast Saddle of Mallard |
| Roast Saddle of Teal | Roast Saddle of Grebe |
| Roast Saddle of Sturgeon | Roast Saddle of Salmon |
| Roast Saddle of Trout | Roast Saddle of Pike |
| Roast Saddle of Eel | Roast Saddle of Sole |
| Roast Saddle of Turbot | Roast Saddle of Cod |
| Roast Saddle of Haddock | Roast Saddle of Mackerel |
| Roast Saddle of Herrings | Roast Saddle of Anchovies |
| Roast Saddle of Sardines | Roast Saddle of Tuna |
| Roast Saddle of Bonito | Roast Saddle of Shark |
| Roast Saddle of Skate | Roast Saddle of Stingray |
| Roast Saddle of Ray | Roast Saddle of Plaice |
| Roast Saddle of Gurnard | Roast Saddle of Whiting |
| Roast Saddle of Pollack | Roast Saddle of Gad |
| Roast Saddle of Haddock | Roast Saddle of Mackerel |
| Roast Saddle of Herrings | Roast Saddle of Anchovies |
| Roast Saddle of Sardines | Roast Saddle of Tuna |
| Roast Saddle of Bonito | Roast Saddle of Shark |
| Roast Saddle of Skate | Roast Saddle of Stingray |
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| Roast Saddle of Gurnard | Roast Saddle of Whiting |
| Roast Saddle of Pollack | Roast Saddle of Gad |

Simpson claimed his work was on a new plan. Not only was the bill of fare (menu) set out for each day of the year from 1st January to 31st December 1805, but he also only used dishes which he himself had put into practice.

I wanted something seasonal for our staff Christmas party and chose the trifle. Although served throughout the year, it appears most often in December and January.

It has layers of spongy cake, macarons, ratafia cakes, and a lot of booze...



The ingredients for the trifle

I had a go at making my own macarons and ratafia cakes. As Simpson didn't include confectionery in his cookery book, I had to look elsewhere for recipes. Mrs Rundell's *A New System of Domestic Cookery* (1806) provided the recipe for macarons, whilst that for ratafia cakes came from Colin MacKenzie's *The Thousand Recipes in all the Useful and Domestic Arts* (1823).

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I also made my own Suetty cake (recipe supplied by Simpson in the Appendix), which involved beating the mixture for half an hour.



The finished product →

Briony Hitchison

Scrapbook Week 7

week 10: Artificial Fireworks

ARTIFICIAL FIREWORKS.



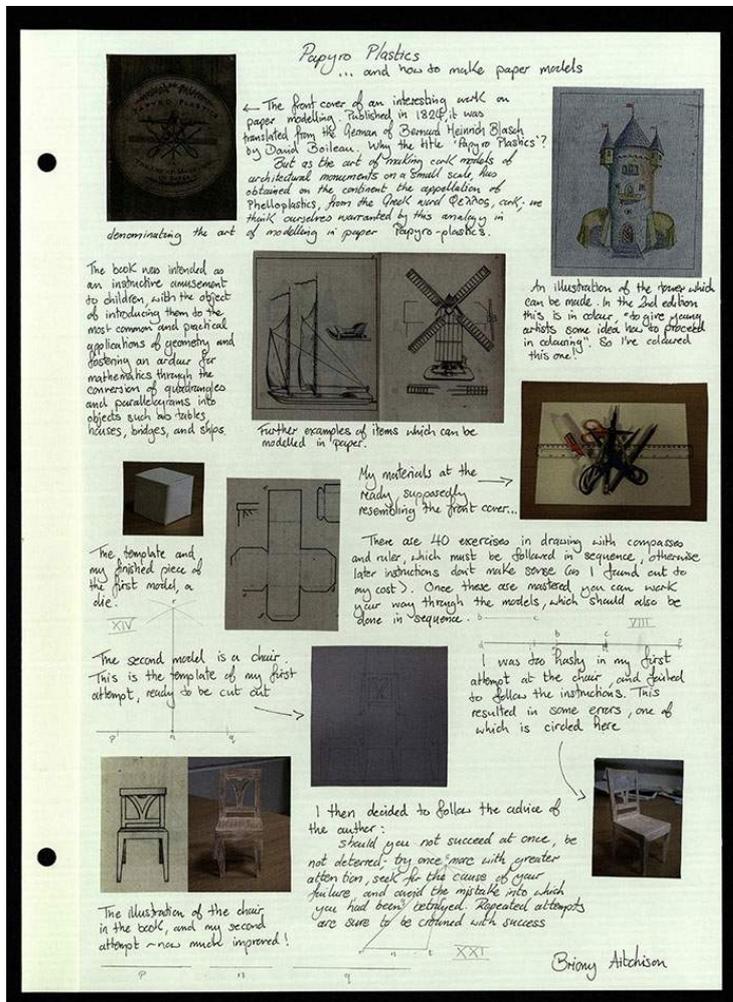
Oh! Gentle Fireworks! be happy beloved and honored, Powdermen have mightily done their utmost!

from the *Dryden from Books*, a complete encyclopedia of all the diversions, abilities, scientific and recreative, of boyhood and youth (1835)



Happy New Year

Scrapbook Week 10



Scrapbook Week 46



Scrapbook Weeks 2, 6, 8, 9 and 22



Scrapbook Weeks 11, 14, 16, 17, 24, 30 and 47



Scrapbook Weeks 15, 18, 40, 50 and 51